**INGREDIENT** 

#### F MEDIUM

QUA MEASURE

PREP: Various COOK: Various MEAT SMOKER

**PROCESS** 

SMOKER

1

**VARIOUS QUANTITIES** 

QUA	MEASURE	INGREDIENT	PROCESS
		PREPARATION	
OVEN	If you don't have a Wood Smoker available, You can acceptably accomplish these recipes using your oven (baked & broiled) by adding a dash or two of Liquid Smoke into any sauces. CAUTION: Liquid Smoke is STRONG, use it sparingly		
FACTOID	This is indeed a science. You do NOT want to smoke any Meats until they have dried out, they should remain quite flexible. Bacons, Fresh Sausages and Jerky's should remain stiffly flexible. smoke Ribs, Briskets & Pork Butts until they are fall off the bone tender. smoke all Poultry just until the correct internal temperature is reached - NO MORE.		
HINTS	ALL Meats should be pre-prepared using your favorite Recipes for Dry or Wet Rubs and Marinades with additional Glazes and Sauces standing by for use during smoking. A good "rule of thumb" is to generate heavy smoke only during the first 1/2 to 2/3 of the cooking time and allow it to slowly die off during the remaining cooking time.		
CAUTION	NEVER add the Wood Chips into the smoker during the preheat stage. Add in the Wood Chips AFTER you have put in the Meat and closed the door. Breathing heavy smoke while adding meats in is a bit hard on your lungs.		
TOOLS	Electric Meat Smoker Or Wood Smoker Or Oven     Any Appropriate Quantity Of Wood Or Wood Chips You Like		
PREP	Various.		
#1	BA	ACON WRAPPED ASPARAGUS	1 Hr 30 Min
Suggest	ed Wood: <b>Ap</b>	ple, Pecan, Cherry	
1/2	Pound	Thin Sliced Bacon	
1	16 Oz	Bottle French Salad Dressing (Kraft)	
1 ~ 2	Pounds	Fresh Asparagus	
1		<b>NEED:</b> 1 pound of Fresh Asparagus, 1/2 pound of thin French Dressing	sliced Bacon, 16
1	<b>ASPARAGUS:</b> Wash the Asparagus and cut the bottom two inches off each stalk. Divide the Asparagus into 6 equal bundles. Wrap a slice of Bacon around, secured with a toothpick on each end. Place the Asparagus bundles evenly in a 12 inch square disposable aluminum foil pan. Pour the French dressing over the top and cover the pan with aluminum foil. Refrigerate for 4 hours.		
1	ASPARAGUS: Remove the Asparagus from the refrigerator, remove the bundles and pour off and discard the Marinade (wipe the pan with paper towels). Place the bundles back in the pan, re-cover it with the aluminum foil and pierce the foil with a fork in the center and in three other places.		
1		Preheat the smoker to 250 degrees (No smoke yet). Pl cook for 45 minutes. Remove the foil on top of the par	•

handful of wood Chips to the smoker and smoke the Asparagus for another 45 minutes,

or until the Bacon is crisp and the Asparagus is fork tender.

#2	WHOLE FISH	3 Hrs 30 Min
Suggest	ted Wood: <b>Apple, Cherry</b> , Pecan	
1	Whole FISH (Scaled & Cleaned) Whitefish, F	laddock, Etc.
2	WHOLE FISH: NEED: Large Whole Fish (Skin On & Scaled). BR cup Salt, 3/4 cup Honey, 1/4 cup Golden Rum, 1/4 cup Lemon Ju 10 Allspice Berries, 1 Bay Leaf.	•
2	WHOLE FISH: Combine all of the Brine ingredients. Place the Fi cover with the brining liquid. Allow the Fish to brine while refrigers the Fish in cold water and pat it dry with paper towels. Place the the grill rack that you will use to smoke the Fish on) and allow it thour.	ated for two hours. Rinse Fish on a drying rack (or
2	<b>WHOLE FISH:</b> Preheat the smoker to 160 degrees. Place the racthe smoker. Add a tray full of wood Chips to the smoker and smokours, or until the Fish is nicely glazed and flaky. Adding new wo to continue smoking until done.	oke the Fish for 3 to 3 1/2
#3	BABY BACK RIBS	5 Hrs
Suggest	ted Wood: Hickory, <b>Apple</b> , Cherry, <b>Oak</b>	
2 ~ 4	pounds Baby Back Rib Rack	Dry Rubbed
3	<b>BABY BACK RIBS:</b> Dry rub the entire surface of the Rib Rack w choosing: SIMPLE RUB: 1/4 cup Light Brown Sugar, 1 teaspoon teaspoon Fresh Ground Black Pepper.	
3	BABY BACK RIBS: Allow the dry rubbed Rack to set at room ter	mperature for 30 minutes.
3	BABY BACK RIBS: Preheat the smoker to 225 degrees. Add 2 of 1/4 cup of Cider Vinegar in the Water Pan (Do NOT EVER let it gate Add a chip tray full of wood Chips to the smoker and smoke the hours.	get dry - check often). Ribs on any rack for 3
3	<b>BABY BACK RIBS:</b> Remove the Ribs and place them on a shee foil. Baste the Rib Rack with your favorite BBQ sauce at this time and return them to the smoker and cook for an additional 1 to 1 1 Rack flexes easily.	e. Seal the Ribs in the foil
3	<b>BABY BACK RIBS:</b> Remove the Ribs from the foil and heavily be them back in the smoker, directly onto the rack, allowing the Ribs them for an additional 30 minutes. Transfer the ribs to a cutting be serve hot.	s to caramelize. Cook

#4		RIB RACK	6 Hrs		
Suggest	Suggested Wood: Hickory, Apple, Cherry, Oak				
2 ~ 4	Pounds	Any Non - Baby Back Rib Rack	Dry Rubbed		
4	choosing: SIMF teaspoon Fresh	ACK: Dry rub the entire surface of the Rib Rack PLE RUB: 1/4 cup Light Brown Sugar, 1 teaspoon of Ground Black Pepper.	on Kosher Salt, 1/2		
4	SPARE RIB RA	ACK: Allow the dry rubbed Rack to set at room t	temperature for 30 minutes.		
4	1/4 cup of Cide	ACK: Preheat the smoker to 225 degrees. Add 2 r Vinegar in the Water Pan (Do NOT EVER let if full of wood Chips to the smoker and smoke the	it get dry - check often).		
4	foil. Baste the F	ACK: Remove the Ribs and place them on a she Rib Rack with your favorite BBQ sauce at this tir in to the smoker and cook for an additional 3 - 3 sily.	me. Seal the Ribs in the foil		
4	back in the smo	ACK: Remove the Ribs from the foil and heavily oker, directly onto the rack, allowing the Ribs to minutes. Transfer them to a cutting board, cut	caramelize. Cook them for		
#5		PORK BUTT	7 Hrs		
Suggest	ed Wood: A	ople, Cherry, Oak			
7~8	Pound	Fresh Pork Butt (Bone-In)	Dry / Wet Rub		
5		Rub the Pork Butt with the Dry or Wet Rub of your semperature for 2 hours.	our choice. Allow the Pork		
5	cup Cider Vine chip tray full of	Preheat the smoker to 225 degrees. Add 1 1/2 or gar in the Water Pan (Do NOT EVER let it get d wood Chips to the smoker. smoke the Pork But or to end up (3 hours minimum). Add additional	lry - check often). Add a t for as strong as you like		
5	Cook it for an a 195 and 200 de		ture should be between		
5		Jnwrap and allow the Pork Butt to set for 30 mir rk apart by hand. Slather it with your favorite BE			

#6		TURKEY BREAST	4 Hrs 30 Min
Suggest	ed Wood: Oa	<b>k</b> , Hickory, Mesquite, <b>Apple</b> , Pecan	
5 ~ 7	Pound	Turkey Breast (Bone In)	Infused
6	cup Water in the full of wood Chip 1/2 hours (about when it stops sm	ST: Preheat the smoker to 240 degrees. Add 1 cupe Water Pan (Do NOT EVER let it get dry - check on the smoker and smoke the Turkey Breast on at 38 to 39 minutes per pound), Keep adding in add moking up to 2 more times. If the Meat is getting too needs to reach an internal temperature of 165 degrees.	ften). Add a chip tray any upper rack for 4 itional wood chips o dark, tent it with
#7		WHOLE TURKEY	9 Hrs 30 Min
Suggest	ed Wood: Oa	<b>k</b> , Hickory, Mesquite, <b>Apple</b> , Pecan	
12 ~ 15	Pound	Turkey	Infused
7	cup Water in the full of wood Chip (about 38 to 39) smoking up to 3	EY: Preheat the smoker to 225 degrees. Add 1 cupe Water Pan (Do NOT EVER let it get dry - check on the smoker and smoke the Turkey on any upperminutes per pound), Keep adding in additional working times. If the Meat is getting too dark, tent it was to reach an internal temperature of 165 degrees	ften). Add a chip tray per rack for 9 1/2 hours od chips when it stops with aluminum foil. The
#8		ROASTING CHICKEN	5 Hrs
Suggest	ed Wood: Hid	kory, <b>Apple, Cherry</b>	
3 ~ 5	Pound	Whole Roasting Chicken	Dry Rubbed
8	and 1 cup Wate tray full of wood to 4 hours. Keep times. If the Mea	<b>CKEN:</b> Preheat the smoker to 225 degrees. Add 1 r in the Water Pan (Do NOT EVER let it get dry - clean Chips to the smoker and smoke the Chicken on are adding in additional wood chips when it stops small is getting too dark, tent it with aluminum foil. The I temperature of 165 degrees.	heck often). Add a chip ny upper rack for 3 1/2 oking up to 2 more
#9		FRESH SAUSAGE	6 Hrs
Suggest	ed Wood: Hid	kory, <b>Mesquite</b> , <b>Oak</b> , Apple	
10	Links	Fresh Sausage (Pork / Beef / Polish, Etc	C.)
3	Links	Pre-smoked Polish, smoked or Kielbasa	Sausage
9	Raw freshly mad	ou are using packaged pre-cooked Sausages, smo de Sausages for 6 hours.	
9	bottom of the up them) so they ar smoker and smo	neat the smoker to 150 degrees. Suspend the Sau oper rack using metal Christmas ornament hanger have NOT touching each other. Add a chip tray full of oke the Sausage for 5 to 6 hours. Keep adding in a noking, smoke until the outside casings begin to drops.	nooks (NEVER re-use wood Chips to the additional wood chips

#10	JERKY	16 Hrs
Suggest	ed Wood: Hickory, <b>Mesquite,</b> Red Oak	
10	Pounds Beef, Chicken, Turkey, Venison, Etc.	Thin Sliced
	SEE: RECIPE: Beef - smoked Jerky for a few Marir	nades
10	JERKY: Slice or tear the raw meat with the grain into 1/4 inch thick sinches long. Refrigerate, sealed in your favorite Jerky Marinade for a hours. Preheat the smoker to 140 degrees. Suspend the meat strips the upper rack using metal Christmas ornament hanger hooks (NEV they are NOT touching each other. Add a chip tray full of wood Chip smoke the Jerky continuously for 12 to 16 hours. Keep adding in mostops smoking. smoke until the outside Jerky is dried (firm). DO NOT COMPLETELY DRY OUT - IT SHOULD REMAIN STIFFLY FLEXIBLE.	n minimum of 12 from the bottom of ER re-use them) so s to the smoker and re wood chips when it
#11	BEEF BRISKET	10+ Hrs
Suggest	ed Wood: <b>Oak</b> , Hickory, Mesquite	
6 ~ 10	Pound Beef Brisket (1/2" Fat Layer On Top)	Dry Rubbed
11	<b>BEEF BRISKET: MARINADE:</b> 3 cups Beef Stock, 3/4 cup Worceste Ketchup, 1/2 cup Fresh Lemon Juice, 2 tablespoon Yellow Mustard, Chili Paste, 1 tablespoon Chili Powder, 1 teaspoon Ground Celery S Seasoning Salt, 1 teaspoon Cumin, 1 teaspoon Granulated Onion.	1 tablespoon Asian eed, 2 teaspoon
11	<b>BEEF BRISKET: DRY RUB:</b> 1 1/4 cups Light Brown Sugar, 1/2 cup Garlic Salt, 1/4 cup Seasoning Salt, 1/4 cup Granulated Onion, 1/4 cup Sweet Paprika, 1/4 cup Ground Black Pepper, 2 tablespoon Ler teaspoon Cayenne Pepper.	cup Chili Powder, 1/4
11	<b>BEEF BRISKET:</b> In a large saucepan, combine all of the Marinade i it to a boil. Reduce the heat and simmer it for 10 minutes. Set it asid marinate the Brisket for 4 to 6 hours in the refrigerator. Remove the Marinade and pat it dry with paper towels, and let it set for 1/2 hour. remaining Marinade for basting during smoking.	e to cool. Cover & Brisket from the
11	<b>BEEF BRISKET:</b> Apply the dry rub to the Brisket just before placing Load the wood tray with wood chips and preheat the smoker to 250° 225° F, then add the Brisket directly on a rack.	F. Reduce heat to
11	<b>BEEF BRISKET:</b> Smoke at 225 degrees for 4 hours, until a bark beg QUICKLY baste it with the marinade every hour to prevent the Brisket Continue to smoke the Brisket until the internal temperature reaches smoking time is approximately 60 minutes per pound.) (Adding in ne necessary).	et from drying out. 195° F. (Total
11	<b>BEEF BRISKET:</b> After 4 hours, remove the Brisket, wrap it tightly in continue cooking for an additional 3 to 4 hours, or until the internal t 195° F. Remove the Brisket from the smoker and let it stand for 15 n the foil before slicing it thinly across the grain.	emperature reaches

#12	HAM	3+ Hrs
Suggest	ed Wood: <b>Apple</b> , Hickory, Mesquite, Oak	
5 ~ 7	Pound Sugar Cured Ham (Bone-In)	Dry Rubbed
12	HAM: Preheat the smoker to 225 degrees. Lightly score the Ham using pliers while leaving behind any extra fat that remains, rub the Sugar. Add a chip tray full of wood chips to the smoker and smok rack for roughly 1 hour per pound with the fattest side up. Keep a chips when it stops smoking up to 3 more times. Baste the Ham eyour favorite Ham Glaze. The Ham needs to reach an internal term.	ne surface with Brown te the Ham on a center adding in additional wood every 45 minutes with
#13	PRIME RIB	4+ Hrs
Suggest	ed Wood: <b>Apple</b> , <b>Cherry</b> , Hickory	
5 ~ 7	Pound Prime Rib (Bone-In)	Dry Rubbed
13	<b>PRIME RIB:</b> Use a 7 Bone bone-In dry-aged & trimmed Prime Rib Roast Prime Rib. Cut the Bones away from the Meat in a single of the bottom (Leaving the Meat still attached at the bottom - where removed). Tie the Meat tightly back onto the bones using kitchen inch.	tut until you nearly reach the backbone was twine loops every 3/4
13	<b>PRIME RIB:</b> Rub the entire surface of the Meat by hand with Extr surfaces except for the exposed bone surfaces with: RECIPE: Se Roast Coating. Allow the Roast to come to room temperature about beginning to smoke it.	easoning - Peppercorn
13	PRIME RIB: Insert a meat probe thermometer into the thickest passmoking more than one Rib Roast, use ONLY 1 Roast per rack (a at a time). First two Roasts off centered on the two middle racks. the lower rack and the fourth Roast centered on the top rack.	a maximum of 4 Roasts
13	<b>PRIME RIB:</b> Preheat the smoker to 225 degrees. Add a chip tray the smoker. Add 2 cups of Apple Juice in the Water Pan (Do NO check often). smoke the Prime Rib on a rack for 4 to 5 hours with (Bones down). Keep adding in additional wood chips whenever it Prime Rib Roast needs to reach an internal temperature of 120 to	T EVER let it get dry - the fattest side up stops smoking. The
13	PRIME RIB: Remove the Roast(s) from the smoker (leaving the toplace). Tent it lightly with aluminum foil and allow it to rest for 20 temperature should stop rising at about 130 to 135 degrees. Cut loops and remove the bones completely. Slice the Roast across thickness slices. The end cuts will be cooked medium and the cut rarer as you get towards the center.	minutes. The internal off the kitchen twine he grain into any desired

#14	CANADIAN BACON	60+ Hrs
Suggest	ed Wood: Apple, Cherry, Hickory	
5 ~ 7	Pound Center Cut Pork Loin Roast	Brined
14	<b>CANADIAN BACON:</b> Cut the roast in half lengthwise Tie the meat tightwine loops every 2 inches to make a compact, round log.	, ,
14	<b>CANADIAN BACON:</b> See RECIPE: PORK - HOMEMADE CANADIAN for instructions.	BACON (SMOKED)
14	CANADIAN BACON: Preheat the smoker to 225 degrees. Add a chip Chips to the smoker. Add 2 cups of Apple Juice in the Water Pan (Do get dry - check often). smoke the Canadian Bacon on a center rack fo hours with the fat side up. Keep adding in additional wood chips when smoking. The Canadian Bacon needs to reach an internal temperature	NOT EVER let it r 1 1/2 to 2 1/2 ever it stops
#15	MOROCCAN BEEF TENDERLOIN	15+ Hrs
Suggest	ed Wood: <b>Apple</b> , <b>Cherry</b> , Hickory	
4 ~ 5	Pound Beef Tenderloin Roast (Chateaubriand)	Thick End
15	MOROCCAN BEEF TENDERLOIN: This requires a Recipe: Seasonir El Hanout Seasoning to be used as a Dry rub.	ng - Moroccan - Ras
15	MOROCCAN BEEF TENDERLOIN: If you decide to purchase an untri Tenderloin in Cryovac, you MUST prepare and trim it according to the Ron's Gold Plated Cooking Factoids (Page 2) under Beef Tenderloin.	
15	MOROCCAN BEEF TENDERLOIN: Rub the surface of the Beef Tend El Hanout Seasoning mix, seal it tightly in plastic wrap and refrigerate	
15	<b>MOROCCAN BEEF TENDERLOIN:</b> Remove the plastic wrap and allocome up to room temperature for 1 to 2 hours.	w the Tenderloin to
15	MOROCCAN BEEF TENDERLOIN: Preheat the smoker to 225 degree full of wood Chips to the smoker. Add 2 cups of Apple Juice in the Wa EVER let it get dry - check often). Insert a meat probe thermometer into of the Tenderloin. smoke the Tenderloin on a rack for 3 to 3 1/2 hours additional wood chips whenever it stops smoking. The Tenderloin nee internal temperature of 120 to 125 degrees (Rare).	ter Pan (Do NOT to the thickest part . Keep adding in
15	MOROCCAN BEEF TENDERLOIN: Allow the Tenderloin to rest for 20 tented with aluminum foil before slicing. Slice it into 1 inch thick Steaks hot.	

#16		HONEY GLAZED SALMON FILLET	1 Hr
		Cherry, Apple, Hickory	
3 ~ 4	Pound	King Salmon Fillet	Wild Caught
16	the removed small sauce p tablespoon L	ZED SALMON FILLET: Place the Salmon Fillet skin s top rack. Rub the flesh surface very lightly with Extra very low heat, whisk 1/4 cup Honey, 1/2 teaspooning the Brown Sugar until the Sugar melts and the mixture with the mixture and let it air dry for 1 hour. Recoat the on the smoker.	Virgin Olive Oil. In a Garlic Powder and 2 e thickens. Brush the
16	1/2 cup of Ap a chip tray ful	<b>ZED SALMON FILLET:</b> Meanwhile, preheat the smok ple Juice in the Water Pan (Do NOT EVER let it get d ll of wood Chips to the smoker. QUICKLY open the smoden Fillet. smoke heavily for 1 hour.	ry - check often). Add
#17		KIELBASA & SAUERKRAUT	1 Hr
Suggest	ted Wood:	Apple, Cherry, Hickory	
4	Links	Kielbasa Sausage (Natural Casing)	
3	Pounds	Sauerkraut (Silver Floss)	Drained

#17	KIELBASA & SAUERKRAUT 1				
Suggest	Suggested Wood: Apple, Cherry, Hickory				
4	Links	Kielbasa Sausage (Natural Casing)			
3	Pounds	Sauerkraut (Silver Floss)	Drained		
17	wood Chips to the let it get dry - che Drain the Sauer	AUERKRAUT: Preheat the smoker to 225 degrees. And he smoker. Add 2 cups of Apple Juice in the Water Pareck often). Place the Kielbasa Sausage links directly of kraut and place it evenly in a 9 inch x 13 inch ceramic baking dish on the rack directly below the Sausage Lin	n (Do NOT EVER on the top rack. or glass baking		
17		<b>AUERKRAUT:</b> 1/2 Hour into smoking, QUICKLY open Sauerkraut. Close the smoker and add another tray fu	•		
17		<b>AUERKRAUT:</b> Remove the Kielbasa and slice the link ick rounds. Mix the rounds into the smoked Sauerkrau			