SHALLOT COMPOUND BUTTER

F EASY

Last Modified: 06/09/2016

PREP: 1 Hr COOK: 5 Min STOVETOP

COMPOUND BUTTER

GREAT WITH ANY GRILLED MEAT

QUA	MEASURE	INGREDIENT	PROCESS
2	Sticks	Salted Butter	Room Temp
1	Tsp	Dry White Wine (Chablis)	
5	Oz	Shallots	Blanched
2	Tbsp	Fresh Italian Parsley Leaves	Chopped

PREPARATION			
FACTOID	Great over most grilled Meats.		
TOOLS	1) Food Processor OR Blender		
	2) Small Saucepan		
	3) Pastry Scraper		
PREP	DISH		
	1) Chop the Parsley Leaves and set them aside.		
1	Finely chop the Shallots and blanch them in salted boiling water for 3 minutes - Drain and		
	squeeze out the moisture using a paper towel, blend them into a smooth paste in a food		
	processor or blender.		
2	Add the room temperature Butter and White Wine into the food processor & blend the		
	mixture until creamy. Add in the Parsley and pulse until mixed well.		
3	Spread the mixture on a sheet of waxed paper and fold the end over the top. Use a		
	pastry scraper to tighten it into a Log shape and twist the ends to seal (See Picture).		
	Refrigerate it until solidified for immediate use, or Freeze it for up to 3 months.		
SERVE	Slice the log into 1/4" thick discs and place on top of any grilling meat during the last few		
	minutes of cooking.		