

AIR-FRYER CHART

TYPE	SIZE	TEMP[F]	TEMP[C]	TIME[M]
PORK				
MIN SAFE INTERNAL TEMPERATURE	USDA	145	63	
BACON (Thin Cut)	12 Oz	400	205	5-7
BACON (Thick Cut)	12 Oz	400	205	6-10
BRATWURST SAUSAGES	6	350	177	15
HOT DOGS	1 Lb	390	200	5-6
PORK CHOPS (Bone-In)	6.5 Oz / 1"	380	193	15-18
PORK CHOPS (Boneless)	6.5 Oz / 1"	400	205	12-14
PORK LOIN	2 Lbs	400	205	55
PORK SAUSAGE (Links)	1 Lb	380	193	15
PORK SAUSAGE (2" Patties)	1 Lb	380	193	17
PORK TENDERLOIN	1 Lb	370	188	15
SEAFOOD				
MIN SAFE INTERNAL TEMPERATURE	\	145	63	
CALAMARI	8 Oz	400	205	4
CRAB CAKE	1 Lb / 1.5"	360	182	15
FISH CAKE	1 Lb / 1.5"	360	182	15
SALMON PATTIES	1 Lb / 1"	360	182	12
SALMON FILLET	8 Oz	300	150	8-12
SALMON STEAKS (Bone-In)	8 Oz / 1"	300	150	14-18
SCALLOPS	1 Lb	400	205	5-7
SHRIMP (Jumbo - 21/25)	1 Lb	400	205	5-8
SWORDFISH STEAKS (Boneless)	8 Oz / 1"	300	150	10
TUNA STEAKS (Boneless)	8 Oz / 1"	300	150	7-10
TURKEY				
MIN SAFE INTERNAL TEMPERATURE	USDA	165	74	
BREAST (Bone-In)	3 Lbs	360	182	40
BREAST (Boneless)	2.5 Lbs	360	182	30
DRUMSTICKS (Bone-In)	2 Medium	350	177	27-30
THIGHS (Bone-In)	2 Medium	380	193	25-30
THIGHS (Boneless)	2 Medium	380	193	20-25
VEGETABLES				
BAKED POTATO	2 Medium	390	200	35-40
BEETS (1" Chunks)	1 Lb	380	193	8-11
BROCCOLI (Florets)	1 Lb	380	193	6-10
BRUSSELS SPROUTS (Halved)	1 Lb	350	177	8-12
CARROTS (Baby)	1 Lb	380	193	15
CARROTS (Coins)	1 Lb	380	193	15
CAULIFLOWER (Florets)	1 Lb	400	205	12-14
CORN ON THE COB (3" Pieces)	1 Lb	380	193	12-16
CORN ON THE COB (Husks On)	6 Ears	400	205	14-18
EGGPLANT (1.5" Cubes)	1 Lb	400	205	15
FENNEL (Quartered)	1 Lb	370	188	15
GREEN BEANS	1 Lb	400	205	5-8
MUSHROOMS (1/4" Slices)	1 Lb	400	205	5
ONIONS	1 Lb	400	205	10
PARSNIPS (1/2" Chunks)	1 Lb	380	193	15
YELLOW SQUASH (Whole)	1 Lb	400	205	15